

Read the Word: Ephesians 5:15—6:9

Disciple Your Family: Discuss how to be filled with the Spirit and honor God in marriage, family, and work interactions.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Believers Honor God in Their Marriage Interactions (Ephesians 5:22–33)

APPLY: Practice mutual submission. Put others' needs and interests ahead of your own (Philippians 2:3–4).

- *What would it look like to put others' needs and interests ahead of your own? How could you do that at home? At church? At work?*

APPLY: Accept God's instructions for husbands and wives and put them into practice if married.

- *Many people say that the principles taught in Ephesians 5:22–33 are outdated and unrealistic. How should Christians respond to this way of thinking?*
- *Verse 25 tells husbands to love their wives as Christ loved the Church and gave Himself up for her. What would it look like for a husband to treat his wife that way?*
- *Why is it important to follow these biblical principles? How might it lead to a godly, fulfilling marriage? (It leads to treating each other with love, respect, and humble service.)*
- **<BRINK>** *How can singles apply and practice the truths of this passage before marriage?*



Key Truth: Believers Honor God in Their Family Interactions (Ephesians 6:1–4)

APPLY: Patiently teach children and grandchildren to honor and obey their parents.

- *What principles help parents and grandparents teach children to obey? (Be consistent; let them experience consequences of their decisions; etc.)*

APPLY: All people, young and old alike, can honor and respect their parents.

- *How is honoring our parents different from obeying them?*
- *In what ways does this passage apply to adult children? What does it look like for adults to honor their parents?*

APPLY: Parents (especially fathers) should model following God and raise children to know and follow Him as well.

- *What are some practical ways we can model our faith for our children or younger generations?*



Key Truth: Believers Honor God in Their Work Interactions (Ephesians 6:5–9)

APPLY: Glorify and honor Christ by modeling hard work and integrity before your employer and fellow employees.

- *What is the relationship between work ethic and integrity?*
- *What should a Christian work ethic look like in the workplace? (On time; hard work; no complaining; etc.)*
- *How might a strong work ethic open doors to share your faith with others?*
- *Paul made it clear that our work can be a way of honoring Christ. How can remembering that truth help you when your job feels difficult or boring?*

Build a Foundation: Discussion questions for elementary students.

- How can your words and actions show others about your relationship with Jesus?
- What is the difference between honoring your parents and obeying them? Why are both important?
- How can you be an influencer for your faith at school?

Work together to memorize the Verse of the Month: ***Ephesians 6:11***



Discuss This Week's Building Block:

The example of Jesus Christ requires that we treat others with love and respect.

Everyday Extras:

Play a game of "Follow the Leader" with your family, making sure each member has a turn being the leader. Jesus will always lead us in the right direction because He was kind, loving, helpful, and obedient to God. Discuss the importance of being a good leader and following the right people.

Preschool Highlights:

Today your child learned God's armor protects us against the Devil's wrong ways. The *belt of truth* reminds us to tell the truth and rely on God's truth which is found in the Bible. The *breastplate of righteousness* protects our hearts and helps us defend against the bad choices the Devil wants us to make. **God Gives Me Protection.** I will put it on every day.