

Read the Word: Psalm 23:1-6

Disciple Your Family: Discuss how God is our provider, protector, and source of peace, even in times of trouble.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: The Lord Is Our Perfect Provider (Psalm 23:1-3)

APPLY: The Lord protects and provides for His people like a good shepherd does for his flock. He will provide everything you need to follow Him.

- *Why is a shepherd a good example of what God does for us? (A shepherd leads, protects, and provides for his flock.)*

APPLY: Look to the Lord for provision and satisfaction. Only He can truly satisfy us.

- *Where does the lost world look for satisfaction and fulfillment? Why does what the world offers not truly satisfy?*
- *What type of satisfaction does the Lord bring to us? How is this different from the temporary satisfactions of the world?*

APPLY: Live in a way that reflects the Lord and brings Him glory.

- *What does it mean for our lives to reflect Christ? How do we make that happen?*



Key Truth: The Lord Is Our Perfect Protector (Psalm 23:4)

APPLY: Have no fear, knowing that God will be with us through all the effects of the curse of sin, including death.

- *At times, world events and personal circumstances can cause us great apprehension and fear. Why is there no need for fear for the follower of Christ?*
- *How can a focus on God's Word help us during times of anxiety and fear?*

APPLY: God protects us by showing us the right way to live. Obey Him.

- *How might a person's disobedience lead to suffering?*
- *In what ways are we like wandering sheep? What is the remedy for our wandering ways?*



Key Truth: The Lord Is Our Perfect Peace (Psalm 23:5-6)

APPLY: Rest in the peace God gives us even in the midst of trouble.

- *When have you called out to God in times of trouble? How has God given you peace during the trials of life?*
- *What truths found in God's Word give us peace during troubling circumstances? (God is with us; He holds the hearts of kings in His hands (Proverbs 21:1); His will is going to be accomplished; we know how the story ends; etc.)*

APPLY: Be encouraged that perfect peace, joy, and purpose await us in Heaven.

- *What trouble in this life are you looking forward to leaving behind?*
- *How can thinking about the eternity that awaits us help us when life tries to drag us down?*

Build a Foundation: Discussion questions for elementary students.

- Who is the Shepherd and who are His sheep?
- How does learning all the things our Shepherd does for His sheep make you feel?
- How can knowing your Shepherd is always with you help you when you feel lost or alone?

Work together to memorize the Verse of the Month: ***Psalm 23:1***



Discuss This Week's Building Block:

Jesus is the Good Shepherd because He leads and cares for His people.

Everyday Extras:

Use large marshmallows, mini marshmallows, and pretzel sticks to create edible sheep. Break the pretzel sticks in half for the sheep's legs. Use the large marshmallow for the sheep's body. Use another partial pretzel stick to attach the mini marshmallow for the sheep's head to the body. As you make this fun snack, remind your family God's Word tells us God is our Shepherd and we are His sheep. We are to follow our Shepherd's voice.

Preschool Highlights:

Today your child learned Psalm 23:1 says the Lord is our Shepherd. Lord is another word for God. Shepherds take care of sheep. They protect and keep the sheep safe. God is our Good Shepherd, and we are His sheep. He provides for us and helps us when we are sick or hurt. He cares for and loves us. I am glad **The Lord Is My Shepherd.**